

TEACHING FOR CREATIVITY in PSHE



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LESSON 3

HEALTH AND WELLBEING Magical Medicines!



Mo's friend Sami has an inhaler to treat his asthma. Mo finds Sami's inhaler by the climbing frame in the playground where it has fallen during playtime. What should Mo do with the inhaler?



A photograph of a medicine cabinet with two shelves. The top shelf contains various bottles of medication, including Kirkland Aspirin, equate ibuprofen, and Chlorazepate. The bottom shelf contains bottles of B-12, Tums, and other medications, along with a brown paper bag and a white box.

Amelia's Mum gave her some medicine two weeks ago when she was feeling poorly. One night Amelia wakes up feeling poorly again. She knows where the medicine is kept and how much to take. What should Amelia do?

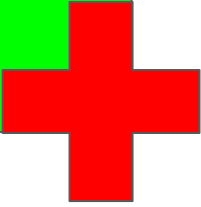


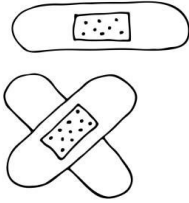
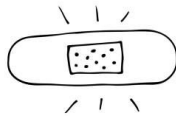
Angela comes home from school with a temperature. Her mum makes her a little bed on the sofa. She says she has some medicine that will help bring down the temperature. Is it safe for Angela to take this medicine?



Susie is at her friend Priya's house when she gets a sore throat. Priya had a sore throat a few weeks ago. She tells Susie she took some medicine that made her feel better. Priya could give some to Susie if she likes? What should Susie do?

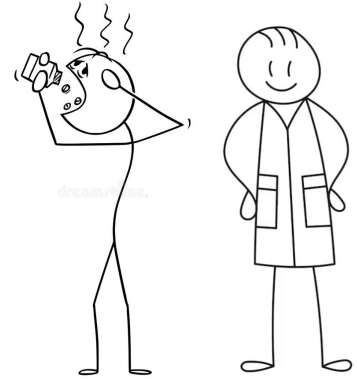
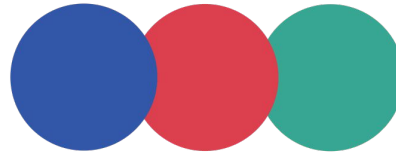


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- What to do with lost medicine?
 - How to store medicine
 - Don't give yourself medicine
 - Only take medicine from an adult
 - Don't give medicine to a friend

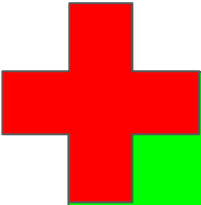
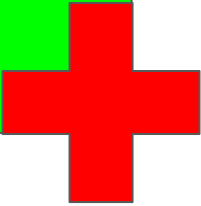


THINK about the following:

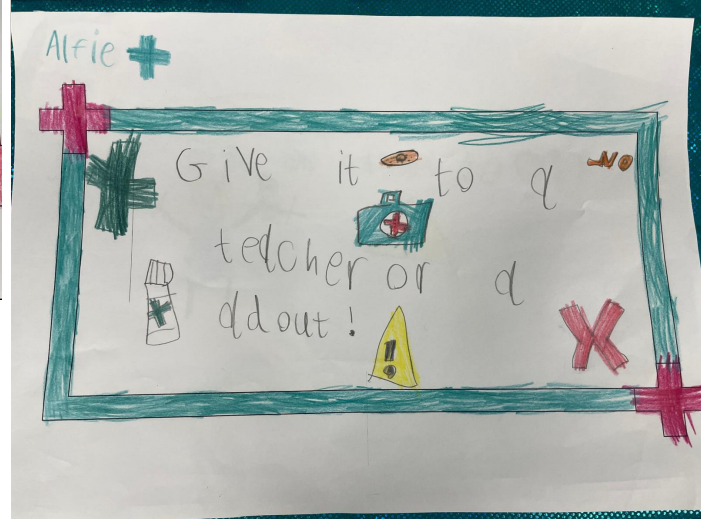
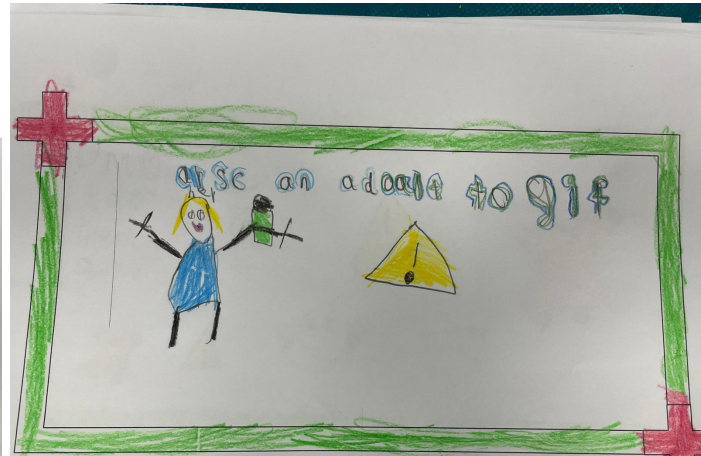
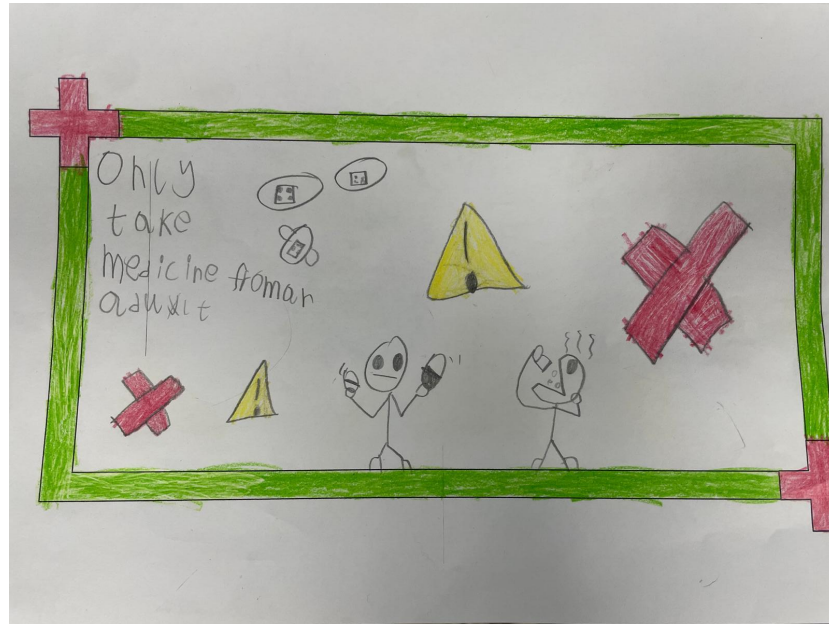
- **colours and shapes** - Make your poster eye catching
- **Words** - what simple words should you include
- **Pictures** - can you draw a picture to help explain





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- Should you take medicine with someone else's name written on?
 - Should you ask an adult before taking any medicine?
 - Should you give a friend medicine that helped you when you were unwell?
 - If you feel ill, should you go to a grown up for help?
 - If the Doctor prescribes you medicine should you take it?
 - If you find some medicine should you take it to an adult?
 - Do all medicines work for everyone in the same way?
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IDEATE - MEDICINE SAFETY POSTER EXAMPLES



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