

TEACHING FOR CREATIVITY in PSHE



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LESSON 2

EMOTION & COMMUNICATION

Emotions what are they, how to use them and their consequences



Stem sentences:

- I FEEL (an emotion)
- BECAUSE (a reason)
- SO I'LL (how to make yourself feel better)

Example:

I feel really angry and furious
Because I missed my bus home from school
So I'll take a deep breath and calm down

Edited example

I feel really angry and furious
Because I missed my bus home from school
So I'll take a deep breath and calm down

Scenario Picture cards

Drinking the last milk in the fridge



Shoving to get to the front of the line



Taking something from someone



Leaving cereal bowl on a side table in the lounge



Dropping rubbish



Excluding someone from your game



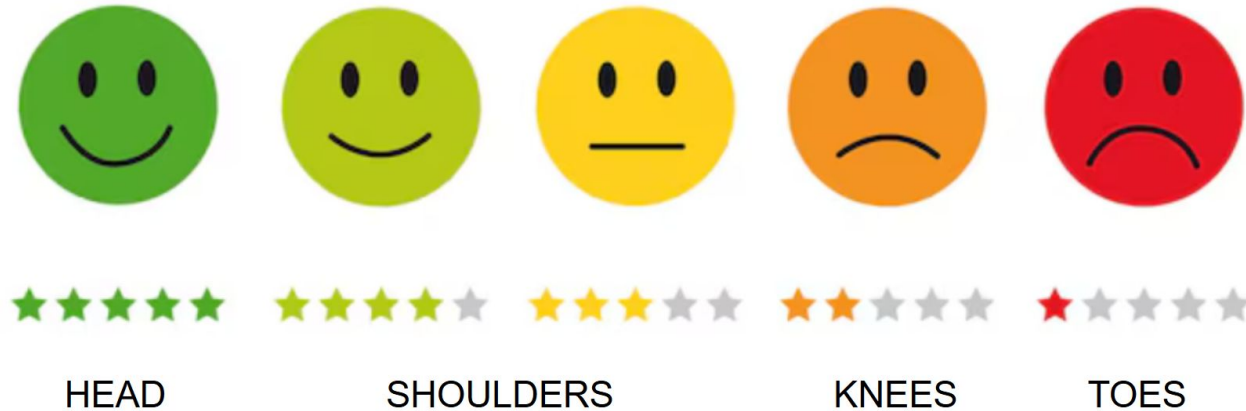
WHAT is this person doing?

WHY are they doing this?

HOW does it affect others? **WHAT** are the consequences

WHO is responsible to sort out the situation?

Head = confident
Shoulders = less confident but still sure
Knees = not very confident
Toes = not confident at all



Questions:

- 1) I can recognise how my behaviour may influence other people both positively and negatively
- 2) I can recognise how the behaviour of others may influence people both positively and negatively
- 3) I understand all actions have consequences
- 4) I know I need to take responsibility for my actions
- 5) I recognise what is right and wrong and understand my behaviour affects other people

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