

ASPIRATIONS

OVERVIEW OF LESSON CONTENT AND TOOLKIT SUPPORT



YEAR:
3/4 KS2



LESSON OBJECTIVES	TIME	LESSON CONTENT	LINK TO DETAILED LESSON PLAN
1 IDENTIFIED STRENGTHS AND IMPROVEMENTS – I'm good at that - Understand that everyone has different strengths and weaknesses - Recognise their strengths and how they can contribute to different groups - Identify and talk about their own and other's strengths and weaknesses; how to improve - Self-assess, understanding how this will help their future actions	1 hour	- Circle game – My favourite thing ... - Circle game – Exploring strengths - Improvements we can make – I would like to be better at... Toolbox Tutorial – Tableau - Individual Stars and class constellation of stars	
2 IDENTIFIED STRENGTHS AND THEIR APPLICATION – Future Me - Recognise their strengths and how they can contribute to different groups - Self-assess, understanding how this will help their future actions - Reflect on the range of skills needed in different jobs - Begin to reflect on their worth as individuals by identifying positive things about themselves and their achievements	1 hour	- Day in the life of us - Future stages of your life - Skills and qualities needed for jobs in the future - Design – Imagine a person doing a job - Song – our future selves Toolbox Tutorial – How to write a song	
3 SETTING GOALS – That's my goal - Understand how to break down the steps needed to achieve a goal - Recognise their strengths and how they can contribute to different groups - Reflect on the range of skills needed in different jobs - Begin to reflect on their worth as individuals by identifying positive things about themselves and their achievements	1 hour	- Achieving a goal together game - What's my goal – Goal tree - Musical stepping stones to my goal	
4 SETTING GOALS – Achieving the dream - Identify and talk about their own and other's strengths and weaknesses; how to improve - Recognise why people work - Reflect on the range of skills needed in different jobs - Begin to reflect on their worth as individuals by identifying positive things about themselves and their achievements - Begin to make responsible choices and consider consequences	1 hour	- Blindfold trust game - Escaping the comfort zone - Into the magic zone - Why do people work - Postcard to your future self	