

ASPIRATIONS

LEARNING OBJECTIVES/WALT

- Understand that everyone has different strengths and weaknesses
- Recognise their strengths and how they can contribute to different groups
- Identify and talk about their own and others' strengths and weaknesses and how to improve
- Self-assess, understanding how this will help their future actions

KEY VOCABULARY/LANGUAGE

- STEM SENTENCES
My strength is ...
I would like to be better at ...
I would like to improve ...
- Strength
- Something to improve on (weakness)
- Growth

WHAT YOU WILL NEED

- Resources Doc for lesson 1 ([link](#))
- Flip chart paper and pen or white board and pen
- Thin card
- Star printed (slide 8) 1 for each pupil
- Scissors
- Pens and colouring pencils
- Bluetack for the wall
- Flipchart paper or white board

LESSON 1 - ASPIRATIONS - IDENTIFIED STRENGTHS AND IMPROVEMENTS - I'm good at that

Lesson Content	Time guide	Outcomes
EXPLORE DRAMA - My favourite thing Form a circle - Say "my favourite thing to do is...." with an action to illustrate that thing (slide 3) - Each child in turn around the circle - All repeat the action e.g. "my favourite thing is playing the piano" "running through the countryside"	8 mins	Positive starting point to build on.
EXPLORE DRAMA - Exploring our strengths Stay in your circle - Keep your favourite thing in your head and now say your strength that helps you do it well e.g. <i>'My strength is concentrating (it helps me play the piano) 'My strength is stamina (it helps me run)</i> - Allocate scribes who will make a list of just the strengths on a piece of flip chart paper placed in the centre of the circle. (Slide 4 and 5)	10 mins	Reflection and understanding of how strengths help them every day List of all the strengths of the class... lots of different ones
EXPLORE DRAMA - I would like to be better at ... (slide 6 prompts) - Split into groups of approx 6 - look at the list of strengths and decide on one strength that you as a group would like to be better at e.g. <i>I would like to be kinder, I would like to be more enthusiastic, I would like to concentrate better, I would like to be more patient, I would like to be more creative, I would like to be a better listener</i> - Make a group tableau to show that strength and say the stem sentence in unison e.g. 'I would like to be a better listener	15 mins	Self assessed understanding that we need to aspire to have more strengths to help us achieve more We can see good qualities in others and aspire to be like them. Learning from each other.
EVALUATE - Group Discussion Prompts on slide 7	5 mins	Reflection and understanding secured. Idea of growth.
IDEATE - You are a Star... made up of your strengths and improvements (slide 9 examples) - Hand out star template print out, pens and scissors - Write your name in the middle - In each of the 5 star triangle points write one of your strengths - Design and decorate their stars. Think about shapes, colours or motifs that represent your strengths - Put one thing you'd like to improve in the middle under the name so it is recorded and can be referenced later	10 mins	Positive reinforcement of strengths and improvements. Goal setting. Refer back to these. Possible later self assessment ...have they achieved their goal? Understanding that as a class we need different qualities to work well together
IDEATE - Constellation of strengths (slide 10 examples) - Cut out your stars - In groups connect the stars together linking matching or complementary strengths to make up a pattern of connected stars, then connect up the whole class of stars and photograph - Encourage discussion (non personal) and display in classroom for reference	10 mins	