

# TEACHING FOR CREATIVITY in PSHE



# TEACHING FOR CREATIVITY in PSHE

## LESSON 1

ASPIRATIONS IDENTIFIED STRENGTHS AND IMPROVEMENTS - I'm good at that

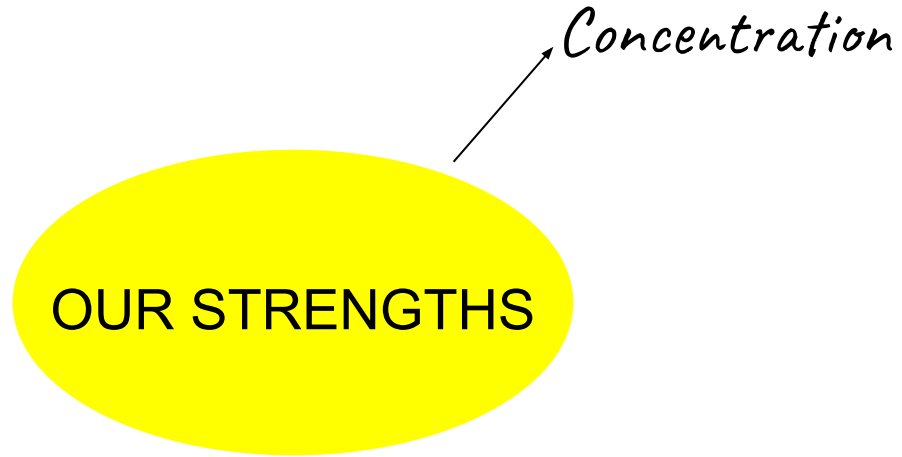


Circle warm up, everyone to say their favorite thing with an action to illustrate it

*“My favourite thing to do is.....”*

What strength helps you do your favorite thing?

*“My strength is .....”*



- ★ Split into groups of approx 6
- ★ Look at the list of strengths and decide on one strength that you as a group would like to be better at  
e.g. *I would like to be kinder*  
*I would like to be more enthusiastic*  
*I would like to concentrate better*  
*I would like to be more patient*  
*I would like to be more creative*  
*I would like to be a better listener*
- ★ Make a group tableau to show that strength and say the stem sentence in unison  
e.g. *'I would like to be... a better listener*
- ★ Perform each tableaux group by group

We have identified that we all have strengths and weaknesses

★ why is it important for us to recognise that?

You all had a strength and something you'd like to be better at (a weakness that needs improving = growth)

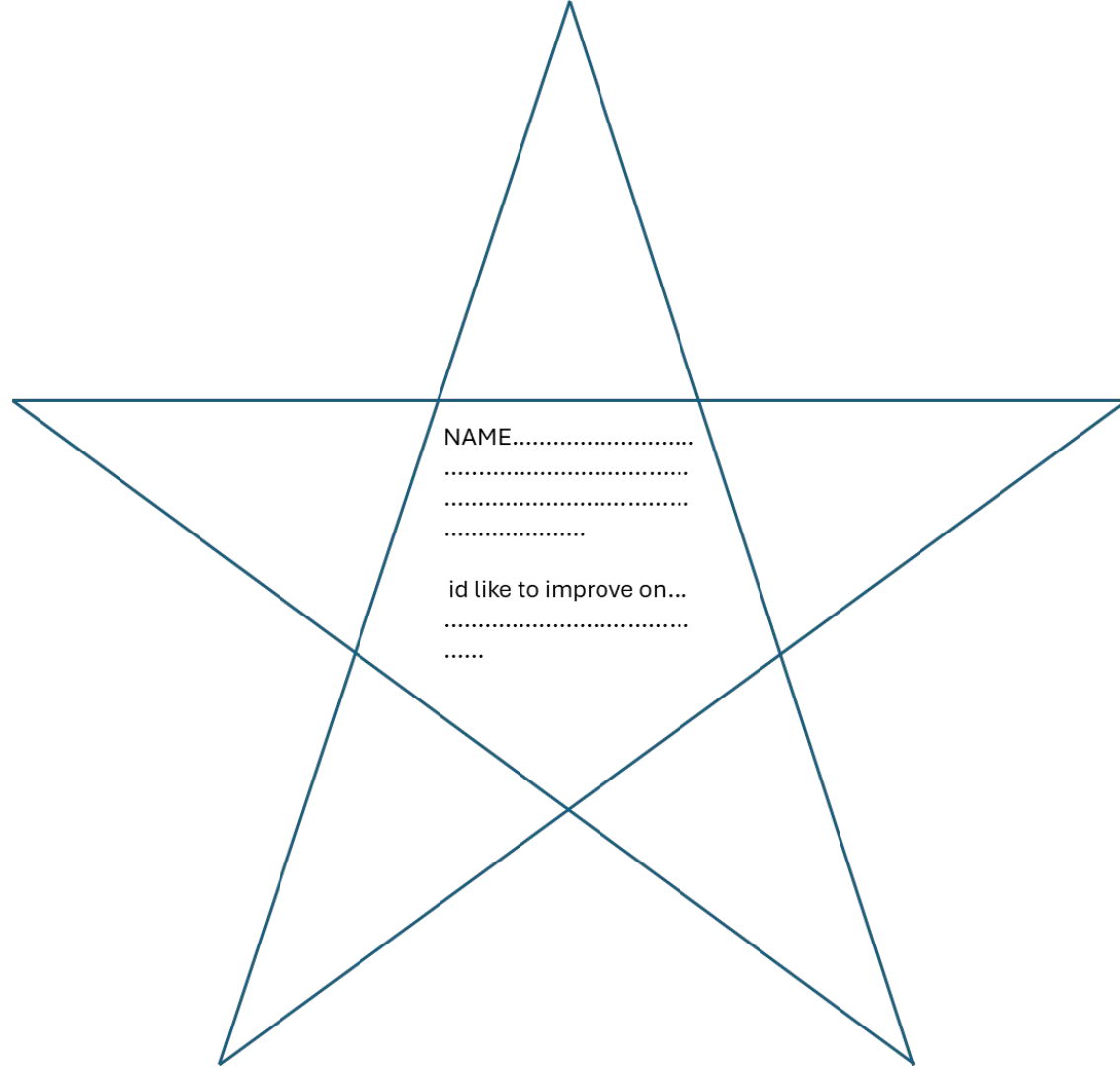
**Questions for discussion:** Talk to your neighbour and feedback to the group

★ How does it make you feel to identify a strength in yourself?

★ How does it feel to identify something that you feel you could be better at?

★ Is it healthy to have both strengths and weaknesses?

★ Is it good that we all have different complementary strengths and weaknesses?  
why?



NAME.....

.....

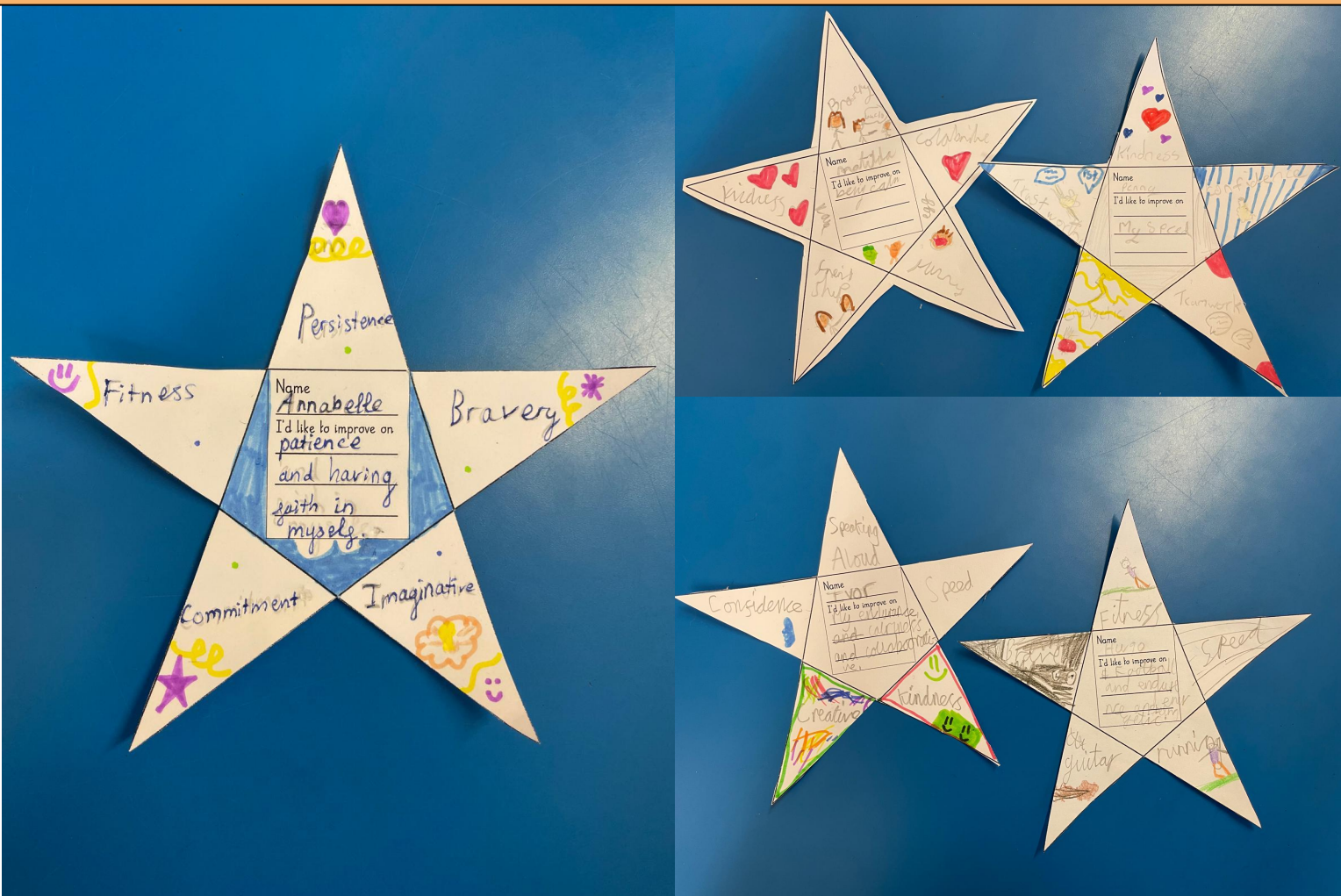
.....

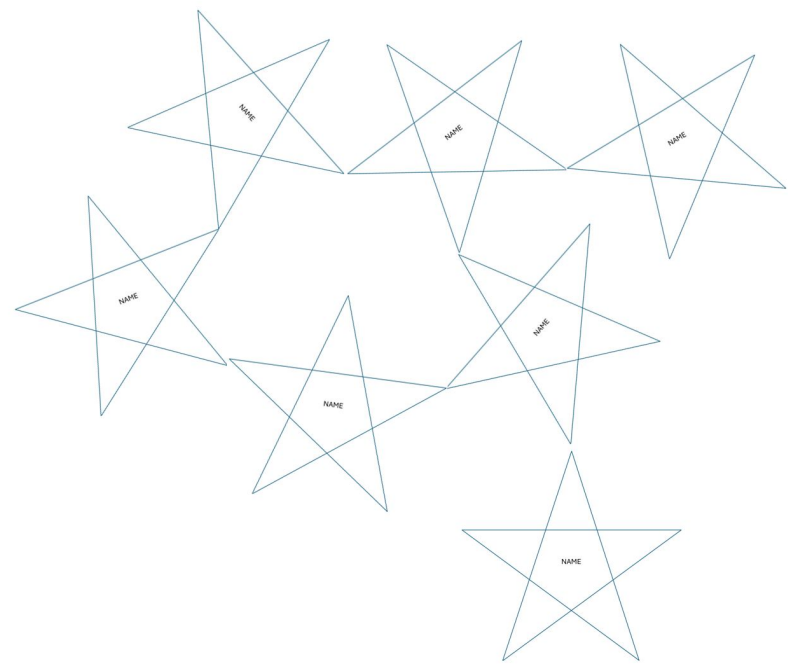
.....

id like to improve on...

.....

.....





# TEACHING FOR CREATIVITY in PSHE



[thegrangefestival.co.uk](https://thegrangefestival.co.uk)